



Upcoming Seminars

Monday, 29.4.2019

Departmental Seminar

13.30-14.30

AWI 00.010

Frank Schilbach, Massachusetts Institute of Technology

(invited by Dietmar Fehr)

"Sleepless in Chennai: The Consequences of Sleep Deprivation among the Poor"

Friday, 3.5.2019

Special Lecture: Opening CATS Campus

14.15-15.45

Voßstraße 2

Room 110.01.05

Pranab Bardhan, University of California, Berkeley

"Governance Issues in Economic Development: A China-India Perspective"

Abstracts

Departmental Seminar

Frank Schilbach

"Sleepless in Chennai: The Consequences of Sleep Deprivation among the Poor"

We know little about how people sleep in the developing world and about the medium-run impacts of improving sleep from any context. To study the impacts of improving sleep among the urban poor, we hired 450 individuals as data-entry workers and offered a random subset of (i) devices to improve their home-sleep environment, (ii) financial incentives to increase sleep, and (iii) the opportunity to take a short afternoon nap. We present five sets of results. First, workers are severely sleep-deprived at baseline: they sleep 5.6 hours per night on average, despite spending 8 hours in bed, implying a strikingly low sleep efficiency. Second, our night-sleep interventions increased sleep by 21 and 38 minutes respectively, effects larger than those typically achieved by sleeping pills. Finally, we will present the impacts of increased night sleep and naps on (a) health and well-being, (b) labor supply, productivity, and earnings, and (c) decision-making.

Talks and Research Visits

Pranab Bardhan, University of California, Berkeley, is visiting SAI's Department of Development Economics May 3-6. He will deliver the CATS opening lecture on May 3 (see above) and speak in AWI's Departmental Seminar on May 6. He will also be available for individual meetings on that day; a doodle will be circulated with the next AWI newsletter.

Angelika Müller is visiting Ted Miguel at the Center for Effective Global Action at UC Berkeley from March to May. In addition, she presented her paper "Trees and the grid - electrification and timber consumption in Nigeria" at the Interdisciplinary PhD Workshop in Sustainable Development at Columbia University, New York, April 12-13.

John Cruzatti participated in the IPWSD 2019 workshop at Columbia University in New York, USA and presented his paper "Free Trade Agreements: an Economic Development Analysis with High-Resolution Data", April 12-13.

New Publications

van den Broek, K.L. & Walker, I. (2019). Exploring Perceptions of the Drivers of Energy Behaviour. *Energy Policy*, 129, 1297-1305.

van den Broek, K.L. (2019). Heuristics in energy judgement tasks. *Journal of Environmental Psychology*, 62, 95-104.

New Working Papers

Robert J. Schmidt and Stefan T. Trautmann: "Implementing (Un)fair Procedures? Favoritism and Process Fairness when Inequality is Inevitable", *AWI Discussion Paper Series*, No. 661, April 2019.

Miscellaneous

Hannes Rau successfully defended his PhD thesis on "Essays on Social Preferences in Experimental Economics" (with supervisor Christoph Brunner), April 12.

**Editorial deadline for issue 09/2019 of the newsletter:
Wednesday, May 1, 2019, 12 p.m.
newsletter@awi.uni-heidelberg.de**

If you would like to receive the newsletter by email,
please contact the address above.